


September 2013

Beloit Jr./Sr. High School Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Labor Day No School 	2 BBQ Beef Sandwich *Corn Bread Tri-Tater Baked Beans Sliced Apricots Milk	3 Country Style Beef Pattie Angel Biscuit & Jelly Mashed Potatoes & Gravy Green Beans Fresh Banana Milk	4 Chicken Alfredo Whole Wheat Roll Italian Vegetables Sliced Pears Milk	5 Beef & Bean Burrito Mexican Corn Tropical Fruit Salad Royal Brownie Milk
8 Sloppy Joe Coleslaw Tri-Tater Fresh Grapes *Oatmeal Butterscotch Cookie Milk	9 Stromboli Baby Carrots Strawberries Milk	10 Taco Salad Refried Beans Tropical Fruit Salad Cinnamon Puff Milk	11 Beef & Noodles *Whole Wheat Roll Mashed Potatoes Green Beans Fresh Peaches Milk	12 Turkey & Cheese Sub Tater Tots Fresh Watermelon *Chocolate No Bake Cookie Milk
15 Hot Dog on a Bun Cucumber & Onions Rosy Applesauce Milk	16 Pork Rib Sandwich Sweet Potato Waffle Fries Baked Beans Strawberries & Bananas Jell-O Cookie Milk	17 Chicken Nuggets Whole Wheat Roll Mashed Potatoes & Gravy Green Beans Kiwi Milk	18 Lasagna French Garlic Bread Steamed Corn Sliced Peaches Milk	19 Cheese Pizza Garlic Bread Stick with Marinara Sauce Broccoli & Cheese Mandarin Oranges Milk
22 Inservice Day No School	23 BBQ Chicken Sandwich Tater Tots Vegetable Salad Sliced Pears Sugar Cookie Milk	24 Pig in a Blanket Ranch Potato Wedges Pea Salad Frozen Juice Cup Milk	25 Chili Crisпитos Black Bean & Corn Salsa Pineapple Tidbits *Banana Cake Milk	26 Baked Ham Biscuits & Jelly Mashed Potatoes Green Beans Fresh Apple Milk

*High School only


**Chef salad and fresh salad greens available daily

◆ Menu subject to change

USDA is an equal opportunity employer

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1 Labor Day No School 	2 BBQ Beef Sandwich Tri-Tater Baked Beans Sliced Apricots Milk	3 Country Style Beef Pattie Angel Biscuit & Jelly Mashed Potatoes & Gravy Green Beans Fresh Banana Milk	4 Chicken Alfredo Whole Wheat Roll Garden Spinach Salad Italian Vegetables Sliced Pears Milk	5 Beef & Bean Burrito Cucumber Sticks & Ranch Steamed Corn Tropical Fruit Salad Milk
8 Sloppy Joe Coleslaw Tri-Tater Fresh Grapes Milk	9 Stromboli Tossed Salad Baby Carrots Strawberries Milk	10 Taco Salad Refried Beans Pineapple Tidbits Cinnamon Puff Milk	11 Beef & Noodles Whole Wheat Roll Mashed Potatoes Green Beans Fresh Peaches Milk	12 Turkey & Cheese Sub Lettuce & Tomato Tater Tots Fresh Watermelon Milk
15 Hot Dog on a Bun Ranch Potato Wedges Cucumber & Onions Rosy Applesauce Milk	16 Pork Rib Sandwich Sweet Potato Waffle Fries Baked Beans Strawberries & Bananas Milk	17 Chicken Nuggets Whole Wheat Roll Mashed Potatoes & Gravy Green Beans Kiwi Milk	18 Lasagna French Garlic Bread Steamed Corn Sliced Peaches Milk	19 Cheese Pizza Garlic Bread Stick with Marinara Sauce Broccoli & Cheese Mandarin Oranges Milk
22 Inservice Day No School	23 BBQ Chicken Sandwich Tater Tots Ramen Slaw Salad Sliced Pears Milk	24 Pig in a Blanket Ranch Potato Wedges Pea Salad Frozen Juice Cup Milk	25 Chili Crisпитos Black Bean & Corn Salsa With Tortilla Chips Tossed Salad Tropical Fruit Salad Sugar Cookie Milk	26 Baked Ham Biscuits & Jelly Mashed Potatoes Green Beans Fresh Apple Milk

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*Sandwich choice available

Tuesdays and Thursdays.

September 2014

USD 273 BREAKFAST MENU

Mon	Tue	Wed	Thu	Fri
1 Labor Day No School	2 French Toast Sticks Cereal Fruit Fruit Juice Milk	3 Cinnamon Pastry Cereal Fruit Fruit Juice Milk	4 Biscuits & Gravy Cereal Fruit Fruit Juice Milk	5 Donut Cereal Fruit Fruit Juice Milk
8 Sausage & Gravy Breakfast Wrap Cereal Fruit Fruit Juice Milk	9 Coffee Cake Cereal Fruit Fruit Juice Milk	10 Blueberry French Toast Bake Cereal Fruit Fruit Juice Milk	11 Waffles Cereal Fruit Fruit Juice Milk	12 Egg & Cheese Breakfast Sandwich Cereal Fruit Fruit Juice Milk
15 Pancakes Cereal Fruit Fruit Juice Milk	16 Breakfast Burrito Cereal Fruit Fruit Juice Milk	17 Oatmeal Spice Muffin Cereal Fruit Fruit Juice Milk	18 Apple/Cherry Frudels Cereal Fruit Fruit Juice Milk	19 Sweet Roll Cereal Fruit Fruit Juice Milk
22 Inservice Day No School 	23 Scrambled Eggs & Toast Cereal Fruit Fruit Juice Milk	24 Sausage Egg & Cheese Breakfast Sandwich Cereal Fruit Fruit Juice Milk	25 Oatmeal Chocolate Chip Breakfast Bar Cereal Fruit Fruit Juice Milk	26 Pizza Sticks Cereal Fruit Fruit Juice Milk

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